FRANKLINTON NEWSLETTER

A product of Franklinton Development Association



Introduction

Happy May! Can you believe it has been one year since we launched the first issue of this Newsletter? We have released 12 issues, including this one, and have distributed more than 1,800 physical copies into the neighborhood through community organizations and Little Free Libraries in Franklinton. This issue is packed with announcements, resource highlights, job and survey opportunities, and upcoming in-person and virtual events. Happy Mothers' Day to all the moms reading!

As always, check *Franklinton.org* for updated information. Future issues can be found online at http://franklinton.org/newsletter/.

Announcement: COVID-19 Vaccines in Franklinton

Have you scheduled your COVID-19 vaccine? The vaccine is safe and effective. All adults are eligible to receive the vaccine at this time. Lower Lights Christian Health Center (LLCHC) is scheduling COVID-19 vaccine appointments at **Mount Carmel Healthy Living Center** (777 West State St. Columbus, OH 43222). Appointments are posted on Fridays. You can schedule by visiting www.LLCHC.org/covid19vac. When you receive your first dose, they will schedule you for the second dose. You do not need to be a patient of Lower Lights Christian Health Center to receive the vaccine from them. There is no cost to receive the vaccine. Check the website for other opportunities.

Free COVID-19 Vaccine Community Clinic provided by Columbus Public Health at **Dodge Rec Center** (667 Sullivant Ave) on Monday, May 10th from 12:30-7:00PM. Walk-in or schedule an appointment. Call 614-645-1519 or email health@columbus.gov.Need transportation to your appointment? Call 614-525-6200 (60 years or older) or 614-259-7391 (all ages).

Resource Highlight: Financial Life-skills Program

Interested in learning about money management? Franklinton Development Association launched the Financial Life-skills Program in 2018, and has celebrated more than 200 graduates. The classes review your relationship with money, budgeting, banks and credit, loan and debt management, job-training and entrepreneurship, and taxes and risk management. While in the program, we connect participants with other organizations and resources in the neighborhood through guest speakers and materials. Graduates from the program receive a financial incentive upon completion of the program. We encourage people interested to contact us to sign-up for our waitlist for future classes: https://franklintondevelopment.org/sign-up.

Resource Highlight: Columbus CARE Coalition

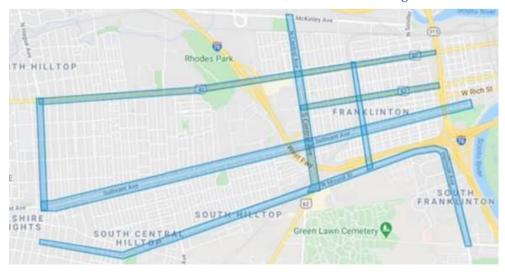


Columbus CARE Coalition offers a safe-space to process trauma. The CARE Coalition helps connect individuals, families and neighborhoods that have experienced trauma with resources and support in the community. The Columbus CARE (Community/Action/Resilience/Empowerment) Coalition is a collaborative effort led by Columbus Public Health. The CARE Coalition partners with various community organizations to provide education and awareness with the goal of building a trauma informed and resilient community.

CARE Space provides a space to process trauma. There are virtual meetings on May 3rd, May 17th, and June 7th at 1:00PM. If anyone is interested in attending, please reach out to Doug Taylor, Admin Assistant, at the CARE Coalition: dwtaylor@columbus.gov. Learn more: www.columbus.gov/CARE.

Job Opportunity: Cleaner Columbus

The original Cleaner Columbus Program happened in November 2020 to not only address litter on the Westside, but also give folks an opportunity to earn some money. Participants must be 18 years of age or older, willing to complete a W-9, and willing to sign a simple contact employee/wavier. The rate of pay is \$15/hour, and no individual can work more than 60 hours. There are 50 spots available. Please contact Trent Smith, Executive Director of Franklinton Board of Trade: 614-398-2435 or trent@franklintonbot.org.



The program will focus on clean-up on the streets highlighted in blue above.



Survey Opportunity: Future of Columbus Aquatics

Many of the Columbus Recreation and Parks Department's aquatic facilities need or will soon need improvements to better serve residents. To make sure these facilities and the related programming meet the needs of residents, we are developing a long-term plan to invest in our aquatics programs and facilities over the coming years. One of the first steps is to see what you, our community, needs and wants to see. Your feedback will help shape the plan. You can share your thoughts about our current facilities, how those facilities meet your needs and what's missing by filling out the 5-10 minute survey below. More public engagement sessions will take place over the upcoming months.

Take the survey at www.columbusaquatics.org.

Upcoming Events: Virtual Healthy Living Center Programs

Mount Carmel Healthy Living Center is offering two virtual programs: **Building Resiliency in Challenging Times**, and **Cooking Demo & Discussion**. Registration is required for both! To register, call HLC main line at 614-234-4660, or Email healthylivingcenter@mchs.com, or visit http://www.mountcarmelhealth.com/hlc, select "Register."

For the virtual **Building Resiliency in Challenging Times**, there are 3 sessions in May that provide tools for recognizing the signs of stress and developing resiliency and self-care practices into your life! You are welcome to attend one or more sessions. Each session is from 11:30AM-12:30PM.

- Build Resiliency Through Healthy Nutrition & Exercise: Tuesday, May 4th
- · Yoga for Resiliency: Tuesday, May 11th
- Grounding & Gratitude: Tuesday, May 18th



MAY 2021

For the **Cooking Demo & Discussion**, we discuss how food can help you lead a healthier life! You are welcome to attend one or more demos. Classes are offered virtually. Participation includes a meal kit with recipe ingredients, access to a recorded cooking demo with a Mount Carmel chef, followed by a scheduled "What's In Your Bag" Live Discussion led by a Culinary Consultant and a Mount Carmel Nutrition Educator.

Walk-up or drive-up meal kit pick up will be outside of the Healthy Living Center on the Mount Carmel Franklinton Campus. Discussion topics and times for June classes listed below. Each session is from 1-2:00PM with bag pick-up on the Tuesday before.

- Focus on Fiber (asparagus salad, lentil salad): Thursday, June 3rd
- Healthy Fats & Immunity (apple avocado salad, fish filets): Thursday, June 17th

Upcoming Event: Mother's Day at Green Lawn Abbey



Have you been wanting to take a tour of the Green Lawn Abbey? Green Lawn Abbey Preservation Association is hosting a **Mother's Day Tour & Picnic** on Sunday, May 9th from 10AM to 2PM. Broke Johnny Food Truck will be on site serving their delicious brunch! Mimosas and beer-mosas will also be available to purchase with all proceeds going towards preservation. Bring a blanket or chairs and enjoy a socially distanced picnic on our lawn. Masks will be required inside of the Abbey. Bring mom or a friend! What better way to have a nice brunch outdoors on Mother's Day!

Calendar of Events: May

To see more details on the events listed visit: https://franklinton.org/resources/events/.

SA/SUN

1/2

M	TU	W	TH	F	SA/SU
3 CARE Space @ 1PM	Virtual FAC Zoning	5	Westside Virtual Office-less Hours @ 10-11:30AM Dodge Rec Center Produce Giveaway	7	8/9 Franklinton Farms Spring Festival @ 1-4PM on 5/8 Mother's Day at Green Lawn Abbey @ 10AM-
M	Committee @ 6PM	W	@ 3-5PM	F	SA/SU
10	11	12	13	14	15/16
COVID-19 Vaccine Clinic at Dodge Rec Center @ 12:30-7PM Yard Waste & Recycling Pick-up	Virtual Franklinton Area Commission @ 6PM			Franklinton Friday @ 6-10PM	FCW Community Ride @ 10AM-12PM on 5/15
M	TU	W	TH	F	SA/SU
2020 Taxes Due CARE Space @ 1PM	18	19	20	21	22/23
M	TU	W	TH	F	SA/SU
24	25	26	27	28	29/30
Yard Waste & Recycling Pick-up	Gladden's Free Produce Market @ 10AM-1PM, Mount Carmel College	Virtual FAC Housing & Development Committee@ 5:30PM			

M

Memorial Day

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Call us at 614-275-4988, or send us an email at info@franklinton.org.

Questions? Comments?

